

9/11/18

Tuesday's Transition Tips

Transition Services/Activities

The term **“transition services”** means a coordinated set of activities for a student with a disability.

Transition IEPs should list several transition services/activities that will help guide youth and assist them in achieving their measurable post-secondary goals.

In today's “Tuesday Tip” I have provided examples of transition services/activities along with a few ways they can be applied to a student's post-secondary goal throughout this document in no particular order.

Ex.) PSG: Jane Doe will go to a community college for additional education and training.

Type of Activity	Explanation of activity/service	Responsible Agency/Persons	Expected Completion Date
Instruction	Research college scholarships, grants, loans	Jane Doe, case manager, family, counselor	12/10/2018
Community Experiences	Tour colleges and attend a college night	Jane Doe, case manager, family	2/28/2019

Examples of Activities for Instruction

1. Take specific classes or career pathway sequence at the Career Center (be specific)
2. Learn and practice social skills (be specific)
3. Learn and practice self-determination skills (be specific)
4. Learn and practice self-advocacy (be specific)
5. Learn and practice employability skills (be specific)
6. Enroll in SAT prep courses
7. Take internship/apprenticeship program
8. Learn budgeting/money management skills
9. Practice negotiation skills for job raises, car purchases, job hiring, etc.
10. Access tutoring services in school or private agency
11. Participate in counseling
12. Participate in anger management counseling sessions
13. Enroll in adult role and responsibilities course
14. Enroll in personal finance course
15. Enroll in career orientation course
16. Learn and demonstrate time management skills

17. Learn and demonstrate study skills
18. Participate in transportation training (e.g., bus training, rural transit, taxi)
19. Participate in Drivers Education training
20. Participate in a CPR/First Aid course
21. Enroll in parenting classes
22. Take a life skills class
23. Participate in community-based instruction
24. Participate in community-referenced/life skills curriculum
25. Learn and practice computer skills
26. Learn and practice self-management skills (be specific)
27. Learn and practice to manage medication
28. Research college scholarship opportunities
29. Learn and practice problem-solving skills (be specific)
30. Learn and practice communication skills (be specific)
31. Learn and practice coping skills (be specific)
32. Learn recreation and leisure skills (be specific)
33. Learn and practice responsible decision-making (be specific)

Ex.) PSG: John Doe will work in the manufacturing industry as a welder

Type of Activity	Explanation of activity/service	Responsible Agency/Persons	Expected Completion Date
Employment	Interview workers in the field and obtain specific information about the occupation	John Doe, case manager, family	12/10/2018
Community Experiences	Participate in internships or apprenticeship programs	John Doe, case manager, family	9/15/2019

Examples of Activities for Community Experiences

1. Practice budgeting and shopping skills
2. Use public transportation to get to and from work site
3. Access local community resources (e.g., health care facilities, mental health facilities, library, postal services, grocery store, bank, and laundromat)
4. Demonstrate appropriate social skills in community settings (being quiet in relevant settings, work settings, standing in line, asking for help)
5. Locate items in a grocery store
6. Explore new ways to use leisure time (be specific)
7. Plan and participate in community activities (e.g., transportation, leisure, work)

8. Recognize and pay for small purchases in community settings
9. Participate in work experiences
10. Participate in job shadowing
11. Tour colleges
12. Participate in internships or apprenticeship programs
13. Tour employment or other community settings
14. Tour apartments
15. Obtain a state identification card and/or driver's license
16. Observe a courtroom or jury duty process
17. Register with Selective Services
18. Understand and participate in the voting process
19. Explore and tour living and housing options
20. Join and/or participate in community recreation center or YMCA
21. Learn about and participate in volunteer opportunities (e.g., Habitat for Humanity, Hospital, Animal shelter, library)
22. Learn about and visit potential places for shopping for food, clothes, etc.
23. Learn and practice the dangers of accepting assistance/goods from strangers
24. Select and order food in a restaurant
25. Learn and practice problem-solving skills in community settings (be specific)
26. Identify and locate social service agencies (e.g., employment agencies, social services, rehabilitation agencies, etc.)
27. Join local organization and club
28. Participate in extracurricular activities (be specific)
29. Learn about public museums, art galleries, etc.
30. Enroll in a community course

Ex.) PSG: John Doe will go out to eat, go to movies, exercise, dance and participate in "Special Olympics" when he exits public education.

Type of Activity	Explanation of activity/service	Responsible Agency/Persons	Expected Completion Date
Community Experiences	Demonstrate appropriate social skills in community settings	John Doe, case manager, family, counselor	9/10/2019
Instruction	Participate in community - based instruction	John Doe, case manager, family	9/15/2019

Example of Activities for Employment and Adult Living Objectives

1. Participate in community-based employment program/work-study program
2. Participate in an apprenticeship or internship program
3. Complete application to Vocational Rehabilitation Services
4. Interview various workers in interested field(s)
5. Obtain specific information about an occupation
6. Meet with employment agencies or supported employment providers to identify service(s)
7. Participate in in-school jobs
8. Participate in community work experiences
9. Practice completing job applications and interviewing skills with work study coordinator

10. Interview military branch officers
11. Attend transition fair/career fair at school
12. Attend college night at school
13. Meet with armed forces recruiter
14. Learn about voting and where to register to vote
15. Learn about meeting locations, dates and times for support groups (e.g., Alcoholics Anonymous)
16. Participate in job shadowing
17. Go on interviews with employers
18. Develop resume, cover letters and thank you notes for interviews
19. Participate in transition assessments
20. Write a Plan for Achieving Self-Support (PASS) and submit to Social Security Administration (SSA) to obtain funding for transportation to and from a job
21. Explore college grants, loans and scholarships
22. Complete financial aid information
23. Work part-time in an area of interest
24. Learn about social security work incentives
25. Learn about Ticket-to-Work and opportunities
26. Work with MRS Counselor to develop Individual Plan for Employment
27. Learn and practice skills needed to access job search services
28. Apply for housing assistance (HUD)
29. Open a bank account
30. Visit adult service providers
31. Explore guardianship issues and financial planning
32. Register to vote and learn about election process
33. Apply to colleges
34. Apply to Bureau of Developmental Disabilities Services and/or Medicaid Waivers
35. Participate in financial literacy and asset development training
36. Obtain information on managing personal health and fitness
37. Explore residential options

Ex.) PSG: As an adult, Jane Doe will live at home with mom and dad.

Type of Activity	Explanation of activity/service	Responsible Agency/Persons	Expected Completion Date
Daily living skills	Listen to the weather forecast to plan for daily/weekly outings/clothing choices	Jane Doe, case manager, family, counselor	9/10/2019

Examples of Activities and Strategies for Acquisition of Daily Living Skills and Functional Evaluation, if appropriate.

1. Take cooking classes
2. Learn to operate washing machine/dryer
3. Learn to use an ATM card
4. Learn meal preparation
5. Learn grocery shopping skills
6. Learn how to purchase and care for clothes
7. Learn and practices basic self-care (be specific)
8. Learn and practices grooming and hygiene skills
9. Care for personal toileting needs
10. Communicate personal information (e.g., name, address, gender, telephone number, etc.) in appropriate situations
11. Manage daily time schedule
12. Open checking/savings account
13. Learn emergency procedures
14. Take courses in health, family planning, child development
15. Learn medication self-management
16. Take childcare classes
17. Plan for daily and weekly outings
18. Choose and wear clothing appropriate in size, color, pattern, and style
19. Listen to the weather forecast to plan daily/weekly outings/clothes choices
20. Demonstrate safety skills in various settings (e.g., home, kitchen, work)
21. Learn and practices seeking medical and/or emergency assistance
22. Learn basic laundry skills
23. Learn basic first aid skills
24. Use cell phone to call for assistance, emergencies and/or information
25. Participate in a variety of community-based work assessments (situational/community-based) (be specific)
26. Complete a picture career interest inventory
27. Produce observable work samples

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