



*Simply put, we are run by people with disabilities for people with disabilities.*

We prove that what you want for your life is possible. Since 1976, we have worked hand-in-hand with you to help you live the life you want to live.

We serve individuals in Washtenaw, Monroe, and Livingston Counties.

### What is your goal?

Whether you want to find housing that works for you, look for a career, or connect with others to add meaning and enjoyment to your life, we help you develop a plan to achieve your goals and work with you to help you get there. We also advocate within the community to make our region more inclusive for people with disabilities.

### Specifically, we provide:

- Advocacy to make our community more accessible, friendlier, and livable
- Assistance accessing community resources
- Career services
- Disability training for schools, businesses, and organizations
- Independent living coaching
- Peer support
- Recreation and arts programming
- Transitions from nursing facilities back into the community

#### Washtenaw Office

3941 Research Park Dr | Ann Arbor, MI 48108  
(734) 971-0277

#### Monroe Office

15515 S Dixie Hwy | Monroe, MI 48161  
(734) 682-5271

*Empowering the lives of individuals with disabilities and advocating for a more inclusive community for all*

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